

Hong Kong Masters Athletics Club
The 8th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W80 - 100M



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	16.23	Kathy Bergen		San Diego, USA	2021/09/19
HONG KONG RECORD	11.62	LAM ON KI 林安琪	2019 Asian Athletics	Khalifa	2019/04/21
Masters ACR	26.84	WAN LAI SHING ALMA 溫麗城			2022/12/04
HKMAC RECORD	26.84	WAN LAI SHING ALMA 溫麗城			2022/12/04



29 2023/10/29



Start: 13:35



28°C



58%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-6	CHAN NUI NGAN	陳女銀	80848 SCAA	26.39	+1.7	HKMACR, R
2	1-3	WAN LAI SHING ALMA	溫麗城	80849 SCAA	26.53	+1.7	HKMACR, R

DQ=Disqualify 犯規 DNS=Did not Start 沒有開始比賽 DNF=Did not Finish 沒有完成比賽 NM=No Mark 沒有成績 R=Record 新紀錄

主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
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Women's W80 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	10.07	EVAUN WILLIAMS		MaLAGA, ESP	2018/09/04
Masters ACR	3.44	Wan Lai Shing 溫麗城	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	3.44	Wan Lai Shing 溫麗城	Hong Kong Masters Athletics	TKO SG	2017/11/11

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-1	WAN LAI SHING ALMA 溫麗城	80849 SCAA	5.03m.	HKMACR, R	4.41	4.67	5.03	-

long jump shot put
javelin 5000m discus
400m 80m hurdles
100m 200m
110m hurdles 3000m walk
100m hurdles 3000m walk
high jump
4x100m 4x400m

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主辦單位:



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合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
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Women's W80 - Javelin Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	27.51	EVAUN WILLIAMS		TORU?, POL	2019/03/27
Masters ACR	7.79	WAN LAI SHING ALMA 溫麗城			2022/11/27
HKMAC RECORD	7.79	WAN LAI SHING ALMA 溫麗城			2022/11/27



28 2023/10/28



Start: 15:05



26°C



84%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-1	WAN LAI SHING ALMA 溫麗城	80849 SCAA	7.65m.		7.50	7.03	7.65	7.57

long jump shot put javelin 5000m discus 100m hurdles 200m 300m hurdles 3000m high jump 400m 110m hurdles 100m hurdles 4x100m 4x400m

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主辦單位:



協辦機構:



合作伙伴:



合作媒體:



Hong Kong Masters Athletics Club
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Women's W80 - Discus Throw

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	26.53	ANNE-CHATRINE RÜHLOW		PADEBORN, GER	2017/05/25



2023/10/29



Start: 17:10



27°C



62%

Final

Pos	Heat/ Lane	Name	Bib#/ Team	Result	Remarks	1	2	3	4
1	1-1	WAN LAI SHING ALMA 溫麗城	80849 SCAA	10.31m.		x	x	8.42	10.31

long jump shot put
javelin 5000m discus
400m 80m hurdles
100m 200m
110m hurdles 3000m
100m hurdles 3000m walk
high jump
4x100m 4x400m

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主辦單位:



協辦機構:



合作伙伴:



DESIGN CONSULTANTS
意樂設計顧問



合作媒體:

